



How to Hand Stitch a Ripped Seam

Easy to follow guide on how to stitch a hole back together. This will show you how to repair your damaged clothing without having to throw it out.

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INTRODUCTION

An easy to follow guide on how to stitch a hole in your clothing back together. This will show you how to repair your damaged clothing without having to throw it out.

This specific guide uses the “backstitch” method in order to repair your clothing and does not require a sewing machine.



TOOLS:

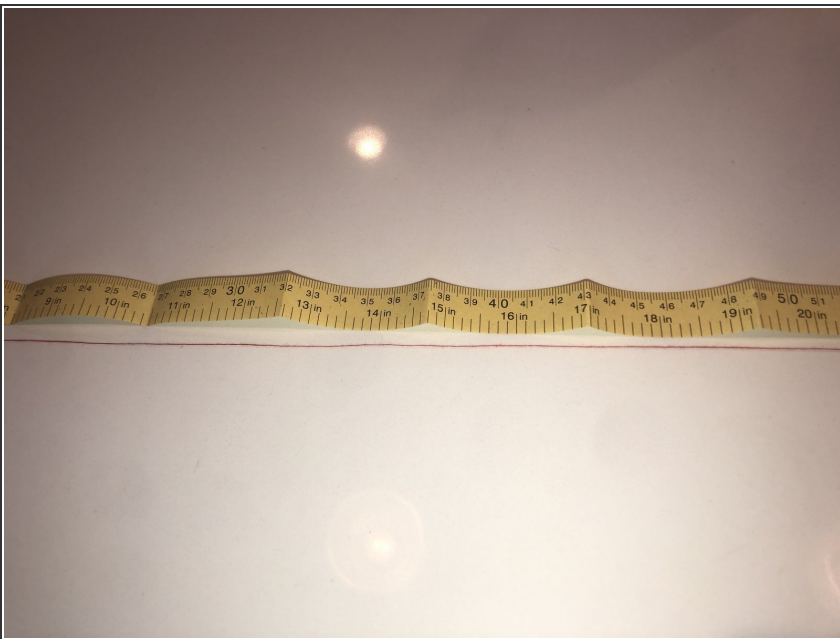
- [Hand Sewing Needle](#) (1)
 - [Thread](#) (1)
 - [Fabric Scissors](#) (1)
 - [Needle Threader \(optional\)](#) (1)
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Step 1 — How to Hand Stitch a Ripped Seam



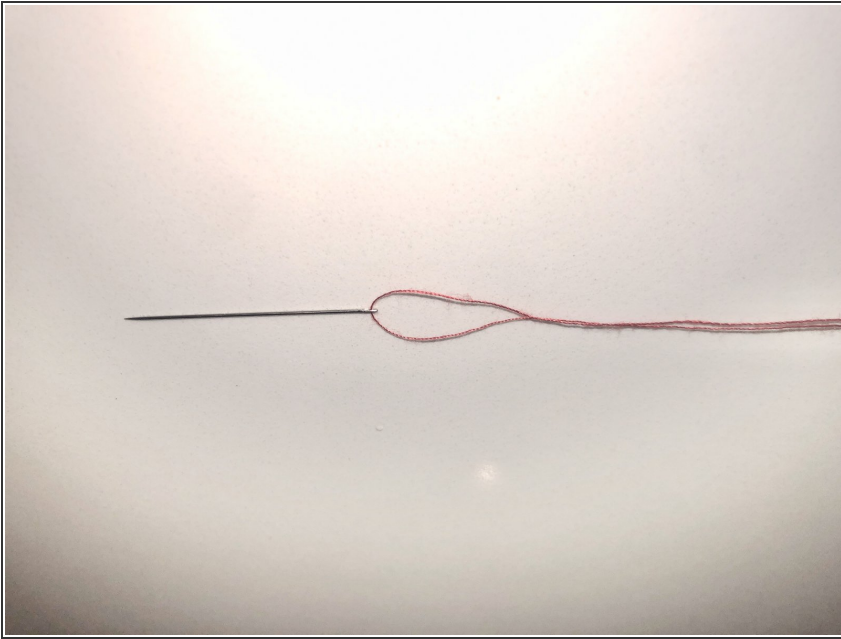
- Obtain a roll of thread that matches the color of the clothing and a threading needle.

Step 2



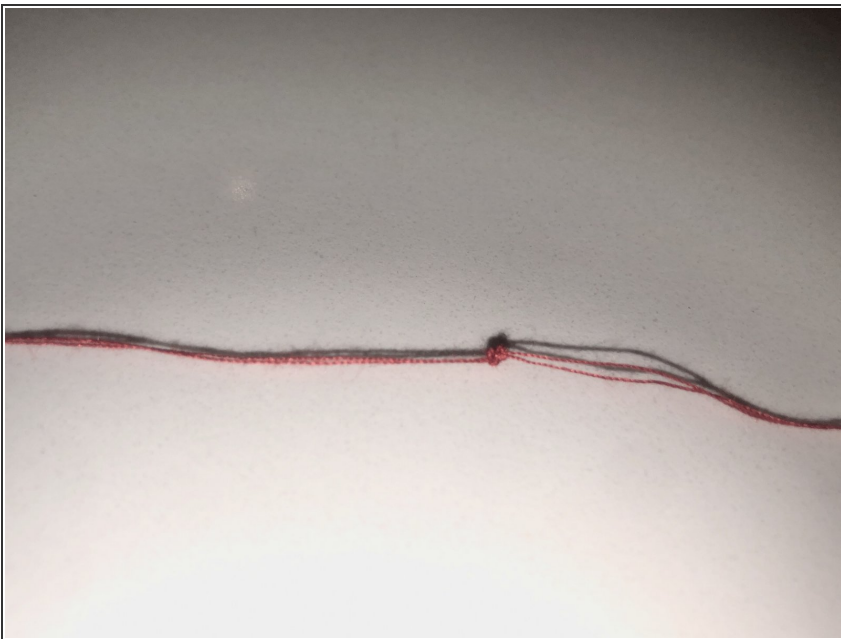
- Measure out a piece of thread the length of your wingspan. Then, take about 10 more inches than that.
- ① **The thicker the fabric, the more thread you should use.**

Step 3



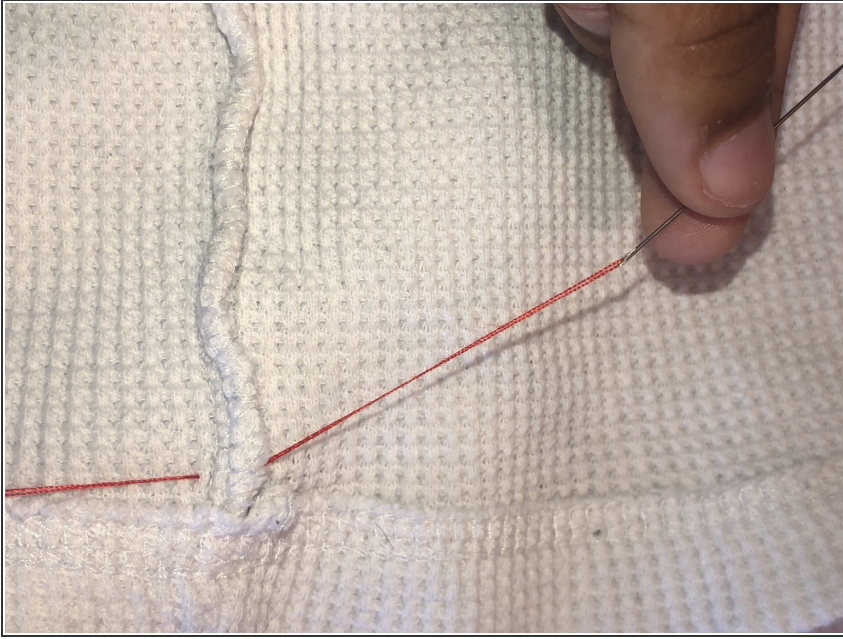
- Thread the need so that the needle falls exactly in the middle of the thread.
- ❗ **If you have trouble threading it, you can wet it and roll it so it's easier or use a needle threader.**

Step 4



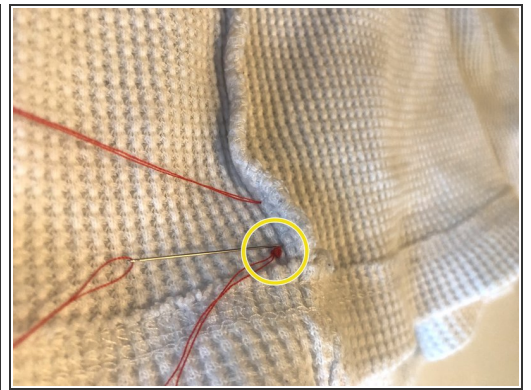
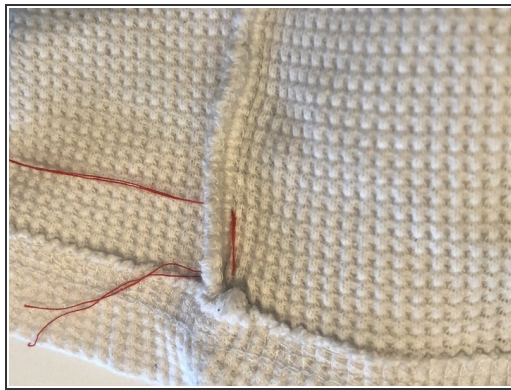
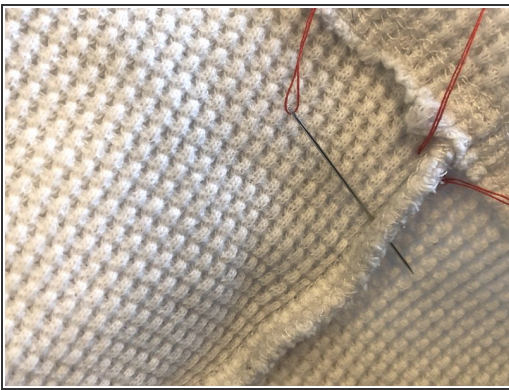
- Now, tie a knot at the end of the thread about 2 inches away from the end of the thread.
- Tie the knot multiple times in the same place so that it is big enough to keep that end from slipping through the fabric.

Step 5



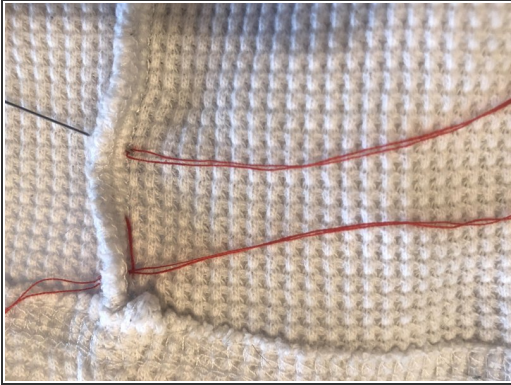
- Turn the clothing inside out and insert the needle at the end of the rip.

Step 6



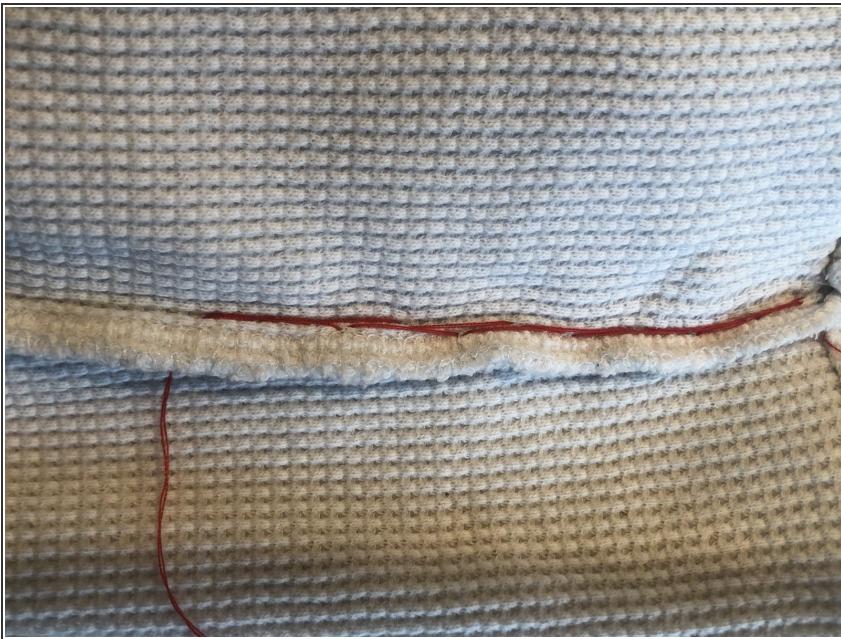
- Now, push the needle back through the other side a space away from the initial piercing spot.
- Then, go back through the initial piercing spot (**the end of the first stitch**) through the back this time.

Step 7



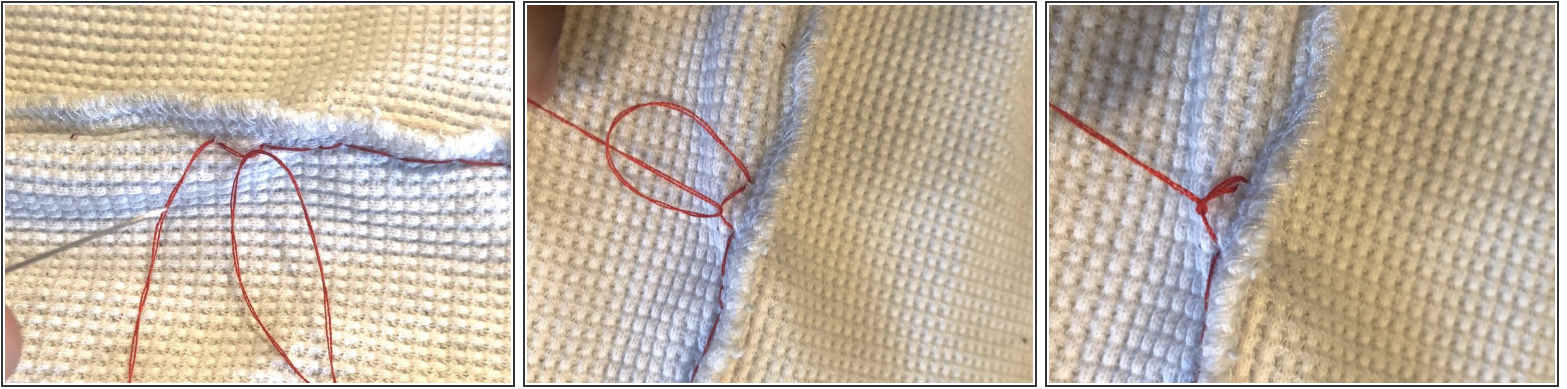
- Poke the needle through the fabric another space away from the previous stitch and stitch back through again then, repeat.

Step 8



- Continue this pattern until the hole is completely closed.

Step 9



- Begin to tie off the knot by looping the needle and thread over and under the bottom of the last stitch you made.
- Then, loop the needle and thread over and under the bigger loop that your first loop created and pull to fasten the knot.

***i* Clip any extra thread that is left over.**

Flip garment right side out again and now you're ready to wear!